Tip Sheet for Contacting Your Members of Congress

Current Situation As of 10/26/17

Senators Murray and Alexander recently released bipartisan legislation that would help stabilize the ACA marketplace. The bill guarantees cost-sharing reduction payments to help low income Americans afford their health care and it restores some of the funding for outreach, education and enrollment assistance that was cut by the Administration. The Alexander-Murray bill also allows additional flexibility to the ACA’s 1332 waivers, while maintaining critical patient protections. This bipartisan agreement is a step in the right direction and would retain coverage for the millions of Americans who rely on the Affordable Care Act for their health care.

Call your Senators

Given the importance of quality and affordable health care for cancer patients and survivors, it is now more important than ever to have your voice heard. Congressional offices have been deluged with calls on health care, immigration, the environment, and other topics. We need to keep the pressure on. Whether your Member is a Republican or a Democrat, they need to hear from you. Ask your Senators to support the Alexander-Murray bipartisan stabilization bill.

Call your Members by using NCCS’ hotline at (844) 257-6227.

- Let the Member’s staff know what city and state you are from and that you are a constituent. Remember to be respectful and succinct.

- Share how the ACA has impacted you or your loved ones and that it is important to keep the ACA. Explain that efforts to repeal the ACA would leave millions uninsured and would eliminate critical patient protections. In order to lower premiums and stabilize the marketplace, Congress must pass the Alexander-Murray bill. Here’s a sample script
As your constituent and someone who relies on the Affordable Care Act (if applicable), I ask you to protect the progress we’ve made under the ACA in health care and coverage, especially for cancer patients and survivors. The Alexander-Murray bill is a step in the right direction and ensures that patients have access to quality and affordable health care. [TELL YOUR STORY as a cancer survivor and/or how the ACA helped you]. Thank you.

Attend a town hall meeting in your district

Go to your Member’s website and sign up for their email newsletter, where you will learn about town hall meetings and other events in the district. Some town hall meetings have been contentious, with large crowds of angry constituents. As a result, some Members are hosting telephone town hall meetings or smaller events with a select group of constituents. Click here to find a town hall event near you. Or, you can call your Member’s district offices to ask about events, if none are publicized on their website.

At the meeting, explain how the ACA has helped you or your loved ones (see talking points above), and that it is critical to pass the Alexander-Murray bill to protect patients and lower premiums for Americans. Take pictures and video to share on social media.

Please share results or any feedback from calls or town halls, including photos, with NCCS by emailing lhouff@canceradvocacy.org. Let us know if you have questions or need help!